



**Royal Fowey Yacht Club Wednesday Evening programme
autumn/winter 2018-2019**

**Members may attend the talks free of charge but there
will be a small charge of £2 for non-members.**

*The programme (subject to alteration) begins at 20:00.
The Club Restaurant serves a set menu at 19:00 This
should be pre-booked T: 01726 833573 (choose Option 1 –
Office) email: office@rfyc-fowey.org.uk or IDEALLY sign up
on the Club Notice Board*

**OCTOBER 3rd
THE LOSS OF TAMARIND
MERVYN WHEATLEY**

The original 2017 single-handed Transatlantic Race, OSTAR, was first run in 1960 at the instigation of Blondie Hasler and Francis Chichester. During my fifth OSTAR in my Formosa 42, we were hit by exceptionally strong winds and several boats were lost or retired with damage. This is the story of my being rescued by the Queen Mary 2.

**OCTOBER 10th
WHAT IS A HEALTHY DIET? DISPELLING THE MYTHS
MELANIE WHARTON**

Should we take supplements? What is the latest 'superfood' or 'fad diet'? Should we eat margarine or butter? Do those probiotic drinks work? In a world where we are daily bombarded by conflicting and confusing information and guidelines about what we should eat to stay healthy, it is often difficult to separate fact from fiction. I will give you my no nonsense, balanced and evidence-based opinion on what a healthy diet really is and how to eat it.

**OCTOBER 17th
TAX, CARE AND ANOTHER TURN ON THE MERRY-GO-
ROUND
TIMOTHY HYSLOP**

A thought-provoking insight into what we want to leave to our family and what can happen if events conspire otherwise. How we protect our assets and head off the threats of care fees, inheritance tax and uncertainties for us and our families. With a splash of humour, of course!

**OCTOBER 24th
FROM THE BLACK SEA TO AMSTERDAM
COL. GEOFFREY SIMPSON**

No longer having any formal responsibilities at the RFYC after almost seven years, Geoffrey, accompanied by Pat, joined the 'Amadeus Elegant' cruising the Danube, Mainz Canal and Rhine totaling over 2200 miles. Passing through 70 locks, taking in cultural and historical treasures and traversing nine countries in 23 days, what an adventure they had!

**OCTOBER 31th
THE NATIONAL TRUST IN SOUTH EAST CORNWALL
ANDY SIMMONS**

An illustrated talk to explore what the National Trust owns in South East Cornwall; what makes it special and what we do to look after it.

**NOVEMBER 7th
CORNWALL AIR AMBULANCE
BARBARA SHARPLES**

For 30 years Cornwall Air Ambulance has been delivering critical care by air to the people of Cornwall and the Isles of Scilly. 30 years later CAA has launched a new appeal to bring a next generation helicopter to Cornwall to improve further the critical care delivered. CAA receives no government funding and relies on the generosity of the people of Cornwall, flying over 750 missions a year. Hear more about this amazing Charity.

**NOVEMBER 14th
ARMISTICE – A COMMEMORATION OF WW1**
SUE REARDON and CAROL GABB will present a reflection of events with retired club members sharing their personal retrospective views, Cmdr Tony King, RN, Col Geoffrey Simpson, Army, Wg Cdr David Earl, RAF. We will hear about Bevil Quiller-Couch, and Carol and Sue will complete the programme with songs and poems of the time. You may be asked to participate!

**NOVEMBER 21st
ANTIQUES EVENING
IAN MORRIS**

A talk by Auctioneer Ian Morris with some 35 years' experience of Auctioneering in Cornwall, appearing on 'Flog It', 'Bargain Hunt' and 'Antiques Road Trip'. From the early days until today – the new trends with what's 'hot' in today's market. Ian can give you an opinion on the worth of items brought in by members.

**NOVEMBER 28th
BEE KEEPING
ANDY BEARD**

Bees have existed on our planet for 120 million years – six times longer than humans. They have developed a highly sophisticated social organisation. Beekeepers try to manage their colonies to harvest crops of honey and wax. But how much do we understand about their behaviour? Why is it that our carefully researched beekeeping plans frequently seem to fail and the bees appear to have read completely different instruction manuals to us?!

**DECEMBER 5th
MISSION TO SEAFARERS
EVETTE HALL**

Evette will talk about how she came to work for the Mission, the current Committee and most importantly the Volunteers. She will touch on its history globally but concentrate on its local roots. Hear how she sees the Mission fitting in with the Community and how it is evolving, yet always focusing on the seafarers whom we serve.

DECEMBER 12th

A SEASONAL ENTERTAINMENT

JANET HOWARD

By popular request Janet Howard and friends will be organising another seasonal entertainment to include carols, readings, poems etc. Several club members have already agreed to participate, promising sketches, musical items and more. Some readings are already in the bag but any further contributions with a Christmas flavour, either serious or funny will be gratefully received. Contact Janet or Pat via the office with your suggestions and contributions as soon as possible.

2019

JANUARY 9th

THE ATLANTIC CHALLENGE

JADE COLTON

An insight into my second adventure as an Atlantic Challenge International GB crew member and a showcase of the understated Bantry Bay Gigs

JANUARY 16th

THE HISTORY OF PENZANCE, NEWLYN AND PENLEE LIFEBOATS

MARTIN BROCKMAN

A brief audio visual walk through the history of the lifeboats and stations. Martin is the Penlee lifeboat station volunteer heritage officer. He has a strong connection with the station, his father was amongst the crew of the ill-fated 'Solomon Browne' lost with all hands in 1981 and his brother, Neil, was a crew member for over 30 years, 16 of which as Penlee's Coxswain.

JANUARY 23rd

PASSIONS

DICK DOIDGE HARRISON

This evening is about things which engage a person's passionate interest. Individual members will talk about something which has ignited a passion in them. It might be anything: a personal pastime, a particular place, a historic event – or who knows what else?

JANUARY 30th

T 29

RICHARD KIRKHAM & MARCUS LEWIS

Continuing the Story of the Troy Class Yachts from 1928 to 2018 with the build of Lucy - Troy number 29. Follow the build from the casting of the lead keel through to the naming ceremony and her first sail.

FEBRUARY 6th

CELEBRATING 150 YEARS OF FOWEY HARBOUR COMMISSIONERS

CLAIRE HODDINOTT

2019 marks an important milestone for FHC. Physical changes in hydrography in the past 150 years has given rise to change in trade, cargoes and the vessels that transport them and with this, local customs and heritage. Our estuary and its surrounding communities have had to 'move with the times' but there is a constant; the Fowey Harbour Commissioners remain the custodians of our beautiful estuary managing it now and for future generations.

FEBRUARY 13th

DUNKIRK

TERRY RADMORE

The 'Miracle of Dunkirk' through the eyes of my late Father-in-law who won the Military Medal at the evacuation; how my son's ownership of the Dunkirk Little Ship, Silver Queen, led me to discover amazing stories from some of the surviving veterans of the event. How those memories have led me to new experiences.

FEBRUARY 20th

PIANO RECITAL

DR MARLENE BOWDEN

A composer's legacy was the inspiration for others: Impromptus, Ballads, Rhapsodies and other small genres. A piano recital talk with slides. The performance will include works by Schubert, Brahms, Chopin, Paul Hindemith and George Gershwin but, an additional piece will be played to ask you to guess the composer.

FEBRUARY 25TH – MARCH 11TH

Club Closed for annual maintenance

MARCH 13th

THE EUROPEAN ADVENTURES OF MARY PLAIN ALEX LEWIS

After seven seasons exploring inland northern Europe in a Dutch steel motor yacht, Alex reflects on the fun had and lessons learned. Expect to hear about waterways, windmills, bridges, barges, bikes and a little bit of history.

MARCH 20th

PINSLA NURSERY

CLARE WOODBINE

This talk describes our relaxed approach to maintaining and creating Pinsla Gardens over the past 35 years. Naturalistic cottage garden planting surrounds the pretty C18 lodge set in wild woodland. It is full of intense colour and scent, unusual shade plants, imaginative design and is a haven for wild life.

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